INF-SUP CONDITIONS

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1. Inf-sup Conditions

In this section, we shall study the well posedness of the weak formulation of the steady-state Stokes equations

$$-\mu \Delta \boldsymbol{u} + \nabla p = \boldsymbol{f},$$

$$-\operatorname{div}\boldsymbol{u} = 0,$$

where u can be interpreted as the velocity field of an incompressible fluid motion, and p is then the associated pressure, the constant μ is the viscosity coefficient of the fluid. For simplicity, we consider homogenous Dirichlet boundary condition for the velocity, i.e. $u|_{\partial\Omega}=0$ and $\mu=1$. The conditions for the well posedness is known as inf-sup condition or Ladyzhenskaya-Babuška-Breezi (LBB) condition.

Multiplying test function $v \in H^1_0(\Omega)$ to the momentum equation (1) and $q \in L^2(\Omega)$ to the mass equation (2), and applying integration by part for the momentum equation, we obtain the weak formulation of the Stokes equations: Find $u \in H^1_0(\Omega)$ and a pressure $p \in L^2(\Omega)$ such that

$$\begin{split} (\nabla \boldsymbol{u}, \nabla \boldsymbol{v}) - (p, \operatorname{div} \boldsymbol{v}) &= (\boldsymbol{f}, \boldsymbol{v}), & \text{for all } \boldsymbol{v} \in \boldsymbol{H}_0^1(\Omega) \\ - (\operatorname{div} \boldsymbol{u}, q) &= 0 & \text{for all } q \in L^2(\Omega). \end{split}$$

1.1. Variational problem in the mixed form. We shall consider an abstract mixed variational problem first. Let $\mathbb V$ and $\mathbb P$ be two Hilbert spaces. For given $(f,g)\in \mathbb V'\times \mathbb P'$, find $(u,p)\in \mathbb V\times \mathbb P$ such that:

$$a(u,v)+b(v,p)=\langle f,v\rangle,$$
 for all $v\in\mathbb{V},$ $b(u,q)=\langle g,q\rangle,$ for all $q\in\mathbb{P}.$

Let us introduce linear operators

$$A: \mathbb{V} \mapsto \mathbb{V}', \text{ as } \langle Au, v \rangle = a(u, v)$$

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and

$$B: \mathbb{V} \mapsto \mathbb{P}', B': \mathbb{P} \mapsto \mathbb{V}', \text{ as } \langle Bv, q \rangle = \langle v, B'q \rangle = b(v, q).$$

Written in the operator form, the problem becomes

$$(3) Au + B'p = f,$$

$$(4) Bu = g,$$

or

(5)
$$\begin{pmatrix} A & B' \\ B & 0 \end{pmatrix} \begin{pmatrix} u \\ p \end{pmatrix} = \begin{pmatrix} f \\ g \end{pmatrix}.$$

We shall study the well posedness of this abstract mixed problem.

1.2. Babuška theory I. Let

$$a(\cdot,\cdot): \mathbb{U} \times \mathbb{V} \mapsto \mathbb{R}$$

be a bilinear form on two Hilbert spaces $\mathbb U$ and $\mathbb V$. It will introduce two linear operators

$$A: \mathbb{U} \mapsto \mathbb{V}'$$
, and $A': \mathbb{V} \mapsto \mathbb{U}'$

by
$$\langle Au, v \rangle = \langle u, A'v \rangle = a(u, v)$$
.

We consider the operator equation: Given a $f \in \mathbb{V}'$, find $u \in \mathbb{U}$ such that

$$(6) Au = f, in V',$$

or equivalently

$$a(u, v) = \langle f, v \rangle$$
 for all $v \in \mathbb{V}$.

To begin with, we have to assume A is continuous. We skip the subscript of the norm for different spaces. It should be clear from the context.

(C) The bilinear form $a(\cdot, \cdot)$ is continuous in the sense that

$$a(u, v) \le C||u||||v||, \quad \text{for all } u \in \mathbb{U}, v \in \mathbb{V}.$$

The minimal constant satisfies the above inequality will be denoted by $\|a\|$. With this condition, it is easy to check that A and A' are bounded operators and $\|A\| = \|A'\| = \|a\|$. The following conditions discuss when A^{-1} is well defined and the norm of $\|A^{-1}\|$.

Existence of a solution to (6) \iff A is onto \iff A' is into \iff

(E)
$$\inf_{v \in \mathbb{V}} \sup_{u \in \mathbb{U}} \frac{a(u, v)}{\|u\| \|v\|} = \alpha_E > 0.$$

Uniqueness of the solution to (6) \iff A is into \iff A' is onto \iff

(U)
$$\inf_{u \in \mathbb{U}} \sup_{v \in \mathbb{V}} \frac{a(u, v)}{\|u\| \|v\|} = \alpha_U > 0.$$

The equivalence: A is onto \iff A' is into, can be easily verified using the definition of the dual operator. The difficulty is to characterize the into by the inf-sup condition.

Let us introduce the notation

- $N(A) = \ker(A) = \{u \in \mathbb{U} : Au = 0\}$ which forms a linear subspace of \mathbb{U} .
- For a subset $Z \subseteq \mathbb{U}$, $Z^{\circ} := \{ f \in \mathbb{U}', \langle f, u \rangle = 0, \text{ for all } u \in Z \}.$
- For a subset $Z \subseteq \mathbb{U}$, $Z^{\perp} := \{v \in \mathbb{U}, (v, u) = 0, \text{ for all } u \in Z\}.$

Roughly speaking, both Z° and Z^{\perp} are "orthogonal" to Z. But they are in different spaces.

Exercise 1.1. For a linear and continuous operator B defined on a Hilbert space \mathbb{U} , write the projection operator $P: \mathbb{U} \to \ker(B)$ and $P^{\perp}: \mathbb{U} \to \ker(B)^{\perp}$ in terms of B.

Theorem 1.2. For a continuous bilinear form $a(\cdot, \cdot)$, the problem (6) is well-posed if and only if (E) and (U) hold. Furthermore if (E) and (U) hold, then

$$||A^{-1}|| = ||(A')^{-1}|| = \alpha_U^{-1} = \alpha_E^{-1} = \alpha^{-1},$$

and thus

$$||u|| \leq \frac{1}{\alpha} ||f||_{\mathbb{V}'}.$$

Proof. We will prove the following conditions are equivalent.

- (1) (**E**)
- (2) $||A'v||_{\mathbb{U}'} \ge \alpha_E ||v||$, for all $v \in \mathbb{V}$.
- (3) $A': \mathbb{V} \mapsto N(A)^{\circ}$ is an isomorphism.
- (4) $A: N(A)^{\perp} \mapsto \mathbb{V}'$ is an isomorphism.
- $(1) \iff (2)$. It can be proved by the definition of the dual norm

$$||A'v||_{U'} = \sup_{u \in \mathbb{U}} \frac{\langle u, A'v \rangle}{||u||} = \sup_{u \in \mathbb{U}} \frac{a(u, v)}{||u||}.$$

 $(2)\Longrightarrow (3)$. An obvious consequence of (2) is A' is an injection. We now prove that (2) also implies that the range R(A') is closed and thus form a linear subspace of \mathbb{U}' . Choosing a convergent sequence $\{A'v_k\}$, by (2), we know $\{v_k\}$ is also a Cauchy sequence and thus converges to some $v\in\mathbb{V}$. The continuity of A' shows that $A'v_k$ converges to A'v and thus R(A') is closed.

We can then conclude that $A': \mathbb{V} \mapsto R(A')$ is an isomorphism. Next we prove $R(A') = N(A)^{\circ}$. For a subset $Z \subseteq \mathbb{U}$, let us recall the definition $Z^{\circ} := \{f \in \mathbb{U}', \langle f, u \rangle = 0, \text{ for all } u \in Z\}$. Using the definition of A'

$$\langle u, A'v \rangle = \langle Au, v \rangle,$$

we see that $R(A')\subseteq N(A)^\circ$. If $R(A')\subset N(A)^\circ$, i.e. there exists $f\in N(A)^\circ\backslash R(A')$. Since R(A') is closed, by Hahn-Banch theorem and Risez representation theorem, there exists $u\in \mathbb{U}$ such that $\langle u,A'v\rangle=0$, for all $v\in \mathbb{V}$ and $\langle u,f\rangle=1$. But $\langle u,A'v\rangle=\langle Au,v\rangle=0$, for all $v\in \mathbb{V}$ implies that Au=0, i.e. $u\in N(A)$ and thus $\langle u,f\rangle=0$ for $f\in N(A)^\circ$. Contradiction.

(3) \Longrightarrow (2). By the assumption, $(A')^{-1}:N(A)^{\circ}\mapsto \mathbb{V}$ is a well defined and bounded linear operator. Thus

$$||v|| = ||(A')^{-1}A'v|| \le C||A'v||_{U'}.$$

(3) \iff (4). Obviously (4) \iff $A': \mathbb{V} \mapsto (N(A)^{\perp})'$ is an isomorphism. Thus we only need to show the isomorphism $(N(A)^{\perp})'\cong N(A)^{\circ}$. For any $f\in (N(A)^{\perp})'$, we define \bar{f} such that $\langle \bar{f},v\rangle:=\langle f,P^{\perp}v\rangle$ for all $v\in\mathbb{V}$, where $P^{\perp}:\mathbb{U}\to N(A)^{\perp}$ is the projection. Then $\bar{f}\in N(A)^{\circ}$. One can easily prove $f\to\bar{f}$ defines an isometric isomorphism.

The uniqueness is obtained by the dual argument. If both (E) and (U) hold, then

$$||A^{-1}|| = ||(A')^{-1}|| = \alpha_U^{-1} = \alpha_E^{-1} = \alpha^{-1}.$$

Let us take the inf-sup condition (E) as an example to show how to verify it. To verify (E), one way is

(7) for all
$$v \in \mathbb{V}$$
, find $u \in \mathbb{U}$, s.t. $a(u, v) \ge \alpha ||u|| ||v||$.

We shall present a slightly different characterization of (E). With this characterization, the verification is then transformed to a construction of a suitable function.

Theorem 1.3. The inf-sup condition (E) is equivalent to that for any $v \in \mathbb{V}$, there exists $u \in \mathbb{U}$, such that

(8)
$$a(u,v) \ge C_1 ||v||^2$$
, and $||u|| \le C_2 ||v||$.

Proof. Obviously (8) will imply (7) with $\alpha = C_1/C_2$. We now prove (E) implies (8). Recall that (E) is equivalent to $A: N(A)^\perp \mapsto \mathbb{V}'$ is an isomorphism. We identify \mathbb{V} as \mathbb{V}' by the Riesz map $J: \mathbb{V} \mapsto \mathbb{V}'$ such that $\langle Jv, v \rangle = (v, v) = \|v\|^2$. Then for a given $v \in \mathbb{V}$, we can find $u \in \mathbb{U}$ such that Au = Jv and thus $a(u, v) = \langle Au, v \rangle = \langle Jv, v \rangle = \|v\|^2$. Since $u \in N(A)^\perp$, we also have A^{-1} is bounded and thus $\|u\| = \|A^{-1}v\| \leq C\|v\|$. \square

In (8) u could dependent on v in a subtle way. A special case is u = v when $\mathbb{U} = \mathbb{V}$. It is known as the corcevity

$$a(u, u) \ge \alpha ||u||^2.$$

The corresponding result is known as Lax-Milgram Theorem.

Corollary 1.4 (Lax-Milgram). For a bilinear form $a(\cdot, \cdot)$ on $\mathbb{V} \times \mathbb{V}$, if it satisfies

- (1) Continuity: $a(u, v) \leq C_1 ||u|| ||v||$;
- (2) Corcevity: $a(u, u) \ge C_2 ||u||^2$,

then for any $f \in \mathbb{V}'$, there exists a unique $u \in \mathbb{V}$ such that

$$a(u, v) = \langle f, v \rangle,$$

and

$$||u|| \le C_1/C_2||f||_{\mathbb{V}'}.$$

The most simplest case is the bilinear form $a(\cdot,\cdot)$ is symmetric and positive definite. Then $a(\cdot,\cdot)$ defines a new inner product. Lax-Milgram theorem is simply the Riesz representation theorem.

1.3. **Brezzi theory I.** We consider the mixed problem

$$(9) Au + B'p = f,$$

$$(10) Bu = g,$$

First we assume all bilinear forms are continuous.

(C) The bilinear form $a(\cdot, \cdot)$, and $b(\cdot, \cdot)$ are continuous

$$\begin{array}{lcl} a(u,v) & \leq & C\|u\|\|v\|, & \text{ for all } u,v\in\mathbb{V}, \\ b(v,q) & \leq & C\|v\|\|q\|, & \text{ for all } v\in\mathbb{V}, q\in\mathbb{P}. \end{array}$$

We use the decomposition $\mathbb{V}=N(B)\oplus N(B)^{\perp}$ to write $u=u_0+u_1,\ u_0\in N(B)$ and $u_1\in N(B)^{\perp}$. Then (10) becomes $Bu_1=g$. Since $u_1\in N(B)^{\perp}$, the existence and uniqueness of u_1 is equivalent to B is onto or B' is into, i.e. the following inf-sup condition

$$(\mathbf{B}) \qquad \inf_{q \in \mathbb{P}} \sup_{v \in \mathbb{V}} \frac{b(v, q)}{\|v\| \|q\|} = \beta > 0$$

After we get a unique u_1 , to determine a unique u_0 , we restrict the test function space of (9) to N(B). Since $\langle v, B'q \rangle = \langle Bv, q \rangle = 0$ for $v \in N(B)$, we get the following variational form: find $u_0 \in N(B)$ such that

(11)
$$a(u_0, v) = \langle f, v \rangle - a(u_1, v), \quad \text{for all } v \in N(B).$$

The existence and uniqueness of u_0 is then equivalent to the two inf-sup conditions for a(u, v) on space $\mathbb{Z} = N(B)$.

$$\inf_{u \in \mathbb{Z}} \sup_{v \in \mathbb{Z}} \frac{a(u,v)}{\|u\| \|v\|} = \inf_{v \in \mathbb{Z}} \sup_{u \in \mathbb{Z}} \frac{a(u,v)}{\|u\| \|v\|} = \alpha > 0.$$

After we determine a unique u in this way, we solve

$$(12) B'p = f - Au$$

to get p. Since u_0 is the solution to (11), the right hand side $f - Au \in N(B)^{\circ}$. Thus we require $B' : \mathbb{V} \mapsto N(B)^{\circ}$ is an isomorphism which is also equivalent to the condition (B).

Theorem 1.5. The continuous variational problem (5) is well-posed if and only if (A) and (B) hold. When (A) and (B) hold, we have the stability result

$$||u||_{\mathbb{V}} + ||p||_{\mathbb{P}} \lesssim ||f||_{\mathbb{V}'} + ||g||_{\mathbb{P}'}.$$

The following characterization of the inf-sup condition for the operator B is useful. The verification is again transferred to a construction of a suitable function. The proof is similar to that in Theorem 1.3 and thus skipped here.

Theorem 1.6. The inf-sup condition (B) is equivalent to that: for any $q \in \mathbb{P}$, there exists $v \in \mathbb{V}$, such that

(13)
$$b(v,q) > C_1 ||q||^2$$
, and $||v|| < C_2 ||q||$.

Note that v=v(q) and the construction of v may not be straightforward for some problems.

- 1.4. **Application to Stokes equations.** Let us return to the Stokes equations. The setting for the Stokes equations:
 - Spaces:

$$\mathbb{V}=\boldsymbol{H}_0^1(\Omega),\;\mathbb{P}=L_0^2(\Omega)=\{q\in L^2(\Omega),\int_{\Omega}q=0.\}.$$

• Bilinear form:

$$a(\boldsymbol{u}, \boldsymbol{v}) = \mu \int_{\Omega} \nabla \boldsymbol{u} : \nabla \boldsymbol{v}, \qquad b(\boldsymbol{v}, q) = -\int_{\Omega} (\operatorname{div} \boldsymbol{v}) q.$$

• Operator:

$$A = -\Delta : \boldsymbol{H}_0^1(\Omega) \mapsto \boldsymbol{H}^{-1}(\Omega), \qquad \langle Au, v \rangle = a(u, v) = \mu(\nabla u, \nabla v),$$

$$B = -\operatorname{div} : \boldsymbol{H}_0^1(\Omega) \mapsto L_0^2(\Omega), \qquad \langle Bv, q \rangle = b(v, q) = -(\operatorname{div} v, q),$$

$$B' = \nabla : L_0^2(\Omega) \mapsto \boldsymbol{H}^{-1}(\Omega), \qquad \langle v, \nabla q \rangle = -(\operatorname{div} v, q).$$

Remark 1.7. A natural choice of the pressure space is $L^2(\Omega)$. Note that

$$\int_{\Omega} \operatorname{div} \boldsymbol{v} \, d\boldsymbol{x} = \int_{\partial \Omega} \boldsymbol{v} \cdot \boldsymbol{n} \, dS = 0$$

due to the boundary condition. Thus div operator will map $H_0^1(\Omega)$ into the subspace $L_0^2(\Omega)$. In $L_0^2(\Omega)$ the pressure of the Stokes equations is unique. But in $L^2(\Omega)$, it is unique up to a constant.

Remark 1.8. By the same reason, for Stokes equations with non-homogenous Dirichlet boundary condition $u|_{\partial\Omega}=g$, the data g should satisfy the compatible condition

$$\int_{\partial\Omega} \boldsymbol{g} \cdot \boldsymbol{n} \ dS = \int_{\partial\Omega} \operatorname{div} \boldsymbol{u} \ d\boldsymbol{x} = 0.$$

The continuity of $a(\cdot,\cdot)$ is trivial. The continuity of $b(\cdot,\cdot)$ can be proved using the identity in the following exercise.

Exercise 1.9. Prove

$$-\Delta = -\text{grad div} + \text{curl curl}$$

holds as an operator from $m{H}_0^1 o m{H}^{-1}$. Namely for all $m{u}, m{v} \in m{H}_0^1$

$$(\nabla \boldsymbol{u}, \nabla \boldsymbol{v}) = (\operatorname{div} \boldsymbol{u}, \operatorname{div} \boldsymbol{v}) + (\operatorname{curl} \boldsymbol{u}, \operatorname{curl} \boldsymbol{v}).$$

We need to verify two inf-sup conditions. (A) is easy by the Poincáre inequality.

Lemma 1.10. Inf-sup conditions (A) is satisfied since the following inequality

$$\int_{\Omega} \nabla \boldsymbol{u} : \nabla \boldsymbol{u} \ge C \|\boldsymbol{u}\|_{1}, \quad \text{for all } \boldsymbol{u} \in \boldsymbol{H}_{0}^{1}(\Omega).$$

The key is the inf-sup condition (B) which is equivalent to either

- div : $\boldsymbol{H}_0^1(\Omega) \to L_0^2(\Omega)$ is onto, or
- grad : $L_0^2(\Omega) \to \boldsymbol{H}^{-1}(\Omega)$ is into.

Exercise 1.11. Define the Sobolev space

$$\boldsymbol{H}_0(\operatorname{div};\Omega) = \{ \boldsymbol{v} \in \boldsymbol{L}^2(\Omega), \operatorname{div} \boldsymbol{v} \in L^2(\Omega), \boldsymbol{v} \cdot \boldsymbol{n} |_{\partial\Omega} = 0 \}.$$

Prove $\operatorname{div}: \boldsymbol{H}_0(\operatorname{div};\Omega) \to L_0^2(\Omega)$ is onto, i.e., the inf-sup condition holds for a weaker norm $\|\boldsymbol{v}\|_{\operatorname{div}} = (\|\boldsymbol{v}\|^2 + \|\operatorname{div}\boldsymbol{v}\|^2)^{1/2}$

$$\inf_{q \in L^2_0(\Omega)} \sup_{\boldsymbol{v} \in \boldsymbol{H}_0(\operatorname{div};\Omega)} \frac{b(\boldsymbol{v},q)}{\|\boldsymbol{v}\|_{\operatorname{div}} \|q\|} = \tilde{\beta} > 0.$$

The inf-sup condition holds for a weaker norm $\|v\|_{\text{div}} = (\|v\|^2 + \|\operatorname{div} v\|^2)^{1/2}$. The difficulty is to control the tangential trace. In view of Theorem 1.6, we shall construct a suitable function to verify the inf-sup condition.

Lemma 1.12. For any $q \in L_0^2(\Omega)$, there exists a $\mathbf{v} \in \mathbf{H}_0^1(\Omega)$ such that

div
$$v = q$$
, and $||v||_1 \lesssim ||q||_0$.

Consequently the inf-sup condition (B) holds.

Proof. We first consider the case when Ω is smooth or convex. We can solve the Poisson equation

$$\Delta \psi = q \ \ {\rm in} \ \ \Omega$$

$$\frac{\partial \psi}{\partial n} = 0 \ \ \text{on} \ \partial \Omega.$$

The equation is well posed since $q \in L_0^2(\Omega)$. If we set $\mathbf{v} = \nabla \psi$, then $\operatorname{div} \mathbf{v} = \Delta \psi = q$ and $\|\mathbf{v}\|_1 = \|\psi\|_2 \lesssim \|p\|_0$ by the regularity result.

The remaining part is to verify the boundary condition. First $\boldsymbol{v}\cdot\boldsymbol{n}=\nabla\psi\cdot\boldsymbol{n}=0$ by the construction. To take care of the tangential component $\boldsymbol{v}\cdot\boldsymbol{t}$, we invoke the trace theorem for $H^2(\Omega)$ to conclude that: there exist $\phi\in H^2(\Omega)$ such that $\phi|_{\partial\Omega}=0$ and $\nabla\phi\cdot\boldsymbol{n}=\boldsymbol{v}\cdot\boldsymbol{t}$ and $\|\phi\|_2\lesssim \|\boldsymbol{v}\|_1$. Let $\tilde{\boldsymbol{v}}=\operatorname{curl}\phi$. We have

$$\begin{split} \operatorname{div} \tilde{\boldsymbol{v}} &= 0, \\ \tilde{\boldsymbol{v}} \cdot \boldsymbol{n} &= \operatorname{curl} \phi \cdot \boldsymbol{n} = \operatorname{grad} \phi \cdot \boldsymbol{t} = 0, \\ \operatorname{and} \ \tilde{\boldsymbol{v}} \cdot \boldsymbol{t} &= -\operatorname{grad} \psi \cdot \boldsymbol{n} = -\boldsymbol{v} \cdot \boldsymbol{t}. \end{split}$$

Then we set $v_q = v + \tilde{v}$ to obtain the desired result.

If the domain is not smooth, we can still construct such ψ ; see [1, 4, 3].

Remark 1.13. Since

$$(\operatorname{div} \boldsymbol{v}, q) \le \|\operatorname{div} \boldsymbol{v}\| \|q\| \le \|\nabla \boldsymbol{v}\| \|q\|,$$

we have a upper bound on the inf-sup constant

$$\beta = \inf_{q \in \mathbb{P}} \sup_{\boldsymbol{v} \in \mathbb{V}} \frac{(\operatorname{div} \boldsymbol{v}, q)}{\|\nabla \boldsymbol{v}\| \|q\|} \le 1.$$

We shall also sketch the other approach to prove grad is into which can be derived from the generalized Poincare inequality

(14)
$$\|\operatorname{grad} p\|_{-1} \ge \beta \|p\| \quad \text{for any } p \in L_0^2(\Omega).$$

The natural domain of the gradient operator is $H^1(\Omega)$, i.e. $\nabla: H^1(\Omega) \to L^2(\Omega)$. We can continuously extend the gradient operator from $H^1(\Omega)$ to $L^2(\Omega)$ and prove the range $\operatorname{grad}(L^2)$ is a closed subspace of \boldsymbol{H}^{-1} . The most difficult part is the following norm equivalence.

Theorem 1.14. Let $X(\Omega)=\{v\,|\,v\in H^{-1}(\Omega), \operatorname{grad} v\in (H^{-1}(\Omega))^n\}$ endowed with the norm $\|v\|_X^2=\|v\|_{-1}^2+\|\operatorname{grad} v\|_{-1}^2$. Then for Lipschitz domains, $X(\Omega)=L^2(\Omega)$.

Proof. The proof for $||v||_X \lesssim ||v||$, consequently $L^2(\Omega) \subseteq X(\Omega)$, is trivial (using the definition of the dual norm). The non-trivial part is to prove the inequality

(15)
$$||v||^2 \lesssim ||v||_{-1}^2 + ||\operatorname{grad} v||_{-1}^2 = ||v||_{-1}^2 + \sum_{i=1}^d ||\frac{\partial v}{\partial x_i}||_{-1}^2.$$

The difficulty is associated to the non-computable dual norm. We only present a special case $\Omega = \mathbb{R}^n$ and refer to [5, 2] for general cases.

We use the characterization of H^{-1} norm using Fourier transform. Let $\hat{u}(\xi) = \mathscr{F}(u)$ be the Fourier transform of u. Then

$$||u||_{\mathbb{R}^n}^2 = ||\hat{u}||_{\mathbb{R}^d}^2 = ||1/(\sqrt{1+|\xi|^2})\hat{u}||_{\mathbb{R}^n}^2 + \sum_{i=1}^d ||\xi_i/(\sqrt{1+|\xi|^2})\hat{u}||_{\mathbb{R}^n}^2 = ||u||_X^2.$$

Exercise 1.15. Use the fact L^2 is compactly embedded into H^{-1} and the inequality (15) to prove the Poincaré inequality (14).

Exercise 1.16. For Stokes equations, we can solve $u = A^{-1}(f - B'p)$ and substitute into the second equation to get the Schur complement equation

(16)
$$BA^{-1}B'p = BA^{-1}f - g.$$

Define a bilinear form on $\mathbb{P} \times \mathbb{P}$ as

$$s(p,q) = \langle A^{-1}B'p, B'q \rangle.$$

Prove the well-posedness of (16) by showing:

- $\begin{array}{l} \bullet \ \ \text{the continuity of} \ s(\cdot,\cdot) \ \text{on} \ L^2_0 \times L^2_0; \\ \bullet \ \ \text{the coercivity} \ s(p,p) \geq c \|p\|^2 \ \text{for any} \ p \in L^2_0. \end{array}$
- relate the constants in the continuity and coercivity of $s(\cdot,\cdot)$ to the inf-sup condition of A and B.

In summary, we have established the well-posedness of Stokes equations.

Theorem 1.17. There exists a unique solution $(u, p) \in H_0^1(\Omega) \times L_0^2(\Omega)$ to the weak formulation of the Stokes equations and

$$\|u\|_1 + \|p\| \lesssim \|f\|_{-1}.$$

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